

MY SPENDING PLAN ALLOWANCES	MONTHLY AMOUNT	PER PAYDAY ALLOCATION*

*\*If you're paid twice a month, your per payday allocation is simple; divide the monthly allowance in half. If you're paid every two weeks, the math is a little different. Multiply the monthly allowance by 12 and then divide the result by 26 (the number of paychecks in a year) to calculate the allocation per payday.*